



Addictions Professionals Association of Saskatchewan, Inc.

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Members Communiqué

September 4, 2014

RECOVERY MONTH HAS ARRIVED and it will see some exciting events happening around the province. BUT....THE LEAVES ARE BEGINNING TO FALL! Nooooooo! Fall is such a busy season what with holidays being over; kids back to school and everyone back from holidays. Let's hope for a long, open fall that will see us well into November before winter sets in.

September - **Celebrate Recovery Month 2014**. We have been successful in getting a proclamation of the month of Sept. as Recovery Month from the cities of Regina, Prince Albert and Saskatoon, as well as from the Provincial Government through the Ministry of Health. A reminder to all our members of the Recovery Day luncheons that are planned for **Regina** (Sept. 10 contact Dave Guy daveguy@sasktel.net or 306-5409626 or Rand Teed at randteed@gmail.com for tickets), **Prince Albert** (Sept 24 contact Rhonda at prairiegirl1966@gmail.com or call 306 921-7012) and **Saskatoon** (Sept. 26 contact Michelle at michellerobson7777@gmail.com or Brenda at 306-241-8222 or email apask@sasktel.net). The key presenter this year will be Joe Roberts, The Skidrow CEO. These are confirmed engagements and I have attached the posters for Regina and Saskatoon to this email as well as a media letter that has been sent out to Global TV and some of the major newspapers in the province.

Prince Albert also plans a "Meet & Greet" with Joe at Sask. Polytechnic Woodland Campus after the luncheon starting at 2:30 p.m. on the 24th followed by a **Walk for Recovery** from the Campus to Addiction Services on 15th St. E. beginning at 3:30.

In Saskatoon, we are planning to have Joe visit Calder Centre, meet the staff there and give a short talk to clients who wish to sit in. Then off to the luncheon at 11:30.

There will also be a screening of the movie "**the Anonymous People**" in Prince Albert on the evening of Thurs., Sept. 11 at 7 p.m. at St. Mary's School and at the University of Saskatchewan, Arts Bldg. - room 146 on Sat. Sept. 13 at 1:30 p.m. Both viewings will be followed by discussion. There is no admission charged for these movies. Please check the APASK website www.apask.org for more information on locations. We will look forward to seeing as many of our members as possible.

We continue to plan and build relationship with other agencies and organizations on other events and hope you can think of something, however small, to do in your own home community to assist in reducing the stigma related to addiction.

The Celebrate Recovery committee continues to build relationships with other agencies, such as the Light House in Saskatoon where they are busy planning the Light House Amazing Race. We'd like to challenge our membership to put forward a team to participate in this challenge and mimic those wild teams on the television version. More information about this event can be found at<

<http://www.lighthousesaskatoon.org/the-amazing-race-lighthouse-edition>>. This event starts at 1:00 p.m. in Saskatoon and wraps up with a party afterward. It sounds like a lot of fun and there is a prize of two tickets to anywhere WestJet flies in Canada.

Of course, many of you will already be involved in FAS Awareness activities as well. In Saskatoon, MACSI is sponsoring a FASD Awareness Walk on Sept. 9/14. For those members that are involved in FASD awareness events, way to go. Anything we can do to create further awareness is extremely valuable.

As you all know our spring conference this year was moved to the fall; the actual dates are Oct 22 & 23, 2014. You should have all received posters/brochure for this workshop by now but, just in case, I am attaching it here as well. We are really looking forward to hearing from Ted Judson on men's issues in recovery and are eager to have this workshop information spread to interested professionals around the province. We encourage our membership to forward the information to as many interested people as possible including those working outside addiction specific areas such as the military, corrections, social services, etc. I met Ted personally a few years back at a conference in Minneapolis and found him to be very insightful, knowledgeable, and very approachable and an all-around nice person

I will let the posters speak for themselves and not take up more time and space describing this exciting and skill building event.

For the future, I would like to incorporate some information about the agencies and services our members work with and for. In this communique, I will ask all our members to take a minute to help celebrate the success of Ekweskeet Healing Lodge located at Onion Lake, SK. The Board, management and staff of Ekweskeet, a number of who are APASK/CACCF members, have just achieved accreditation through Accreditation Canada. This means they have had their program, staff and facility compared with a set of stringent standards and has met all the criteria for granting accreditation. If you would like more information, their website is <http://www.ekweskeethealinglodge.com/index.html> or give them a call at 306 344-2094. CONGRATULATIONS on a job well done!

I'd like to pass along a couple of things that came my way on some of the blog I follow. Keep in mind that this is being passed on to you as information only and that we, APASK, may not completely share the views of the writers.... The old adage is present, "Take what you like and leave the rest."

On the drug Molly <https://www.youtube.com/watch?v=Z8jn2unqKGU>

On the sober world magazine <<http://online.fliphtml5.com/gozp/guei/#p=1>>

If you have any information like this or know of any workshops or training events happening around western Canada and beyond that our members might be interested in, please let me know and I will try to get the word out to the membership. An example of this would be Edgewood 20th Anniversary conference that will be held this year in Nanaimo BC Oct. 2 & 3. You can find more information on the Edgewood website by googling Edgewood treatment centre.

Continue to enjoy your summer and safe travels to those of you who are vacationing away into the fall.

Brenda Hearn, Chairperson,
Membership Committee,
APASK Board of Directors