



# *Addictions Professionals Association of Saskatchewan, Inc.*

www.apask.org

## *Members Communique*

February 1, 2015

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- Tomorrow is Ground Hog Day and, just like my friend the wolf in the picture below, I'm sure we are all hoping for some cloud so the little guy decides winter will soon be behind us.



- Unfortunately, or fortunately, we continue to have some challenges and growing pains in the development of the relationship with CACCF. Some of you may have recently received a separate 2015 membership renewal notice from CACCF. Please be aware that these notices were sent out in error and that you will be receiving a letter directly from CACCF with the following message:

Dear APASK members;

You may have recently received a membership renewal from CACCF. This was sent to you in error. We apologize for any inconvenience this may have caused you. You should continue to renew your CACCF membership through APASK. We look forward to working with APASK and strengthening our profession.

Jeff Wilbee

Executive Director

The above notice, signed by Jeff, will be coming to you directly from the CACCF office. If you have any questions or concerns, please feel free to contact either Jeff Wilbee at CACCF by phone at 1 866-624-1911 or myself directly. We are doing our best to ensure that we turn these glitches into growth opportunities and hope that you will bear with us.

- Some pretty exciting news coming out of the Canadian Centre on Substance Abuse (CCSA) over the past couple of weeks. The **first ever National Summit on Recovery** was held Jan. 27 and 28 in Ottawa. APASK member, Rand Teed, let me know that he would be attending as was Angus Campbell Award Winner, Dr. Peter Butt. You can access more information about the summit on Rand's Drug Class Blog at

< <http://drugclass.ca/index.php?pageid=Blog&id=236>> and the CBC news site  
<<http://www.cbc.ca/m/touch/canada/ottawa/story/1.2935389>>

- Also exciting, there will be a webinar presented for engaging youth in the discussion. Here is your invitation to attend and, as the invitation states, please pass it along to other parties you feel might be interested.

**In support of the National Anti-Drug Strategy**

***The Youth Justice and Strategic Initiatives Section of  
the Department of Justice Canada***

**invites you to attend a free webcast on**

## **Inviting Youth Engagement: Classroom Discussion on Substance Use**

**Thursday, February 26, 2015**

**1:30 to 3:00 pm EST**

**\*We encourage you to circulate this invitation to others who might be interested.**

Youth face pressures to use illicit drugs and substance abuse can pose a serious barrier to a young person's success. This webcast will highlight the work of two inspiring initiatives to prevent substance abuse among youth.

Barbara Moffat, MScN, is Project Director of the Vancouver-based TRACE Project at Simon Fraser University and Co-Executive Producer of CYCLES, an evidence-based educational resource on marijuana use. Ms. Moffat will introduce new resource materials that facilitate classroom discussion about decision making and marijuana use. A team of researchers at the University Of British Columbia School Of Nursing produced a short film, "CYCLES", based on earlier research projects and developed an accompanying facilitator's guide to support educators. This educational resource was pilot tested across Canada and emerging study findings will be presented. The CYCLES resource is now available line:

(<http://www.carbc.ca/KnowledgeinPractice/HelpingSchools.aspx>).

Rand Teed BA., B.Ed., ICPS and Drug Class have become nationally recognized leaders in the Drug and Alcohol Education and Prevention Field. Mr. Teed will present the Drug Class program, a weekly class that is run in several Regina high schools. Drug Class engages youth in prevention education sessions, informs youth of the effects of drug and alcohol abuse, and equips youth with resources to deal with substance abuse issues. Since its inception, the program has presented to over 50,000 youth, and over 200 students have self-referred to residential treatment/detox programs, and Mr. Teed continues to meet individually with approximately 50 students a week.

**\*Pre-registration is required – please register**

**here:** <http://www1.webcastcanada.ca/stream/registration/jc2feb2015eng.php> **to view this webcast\***

Once registered, a URL will be sent to participants. Participants will have an opportunity to send questions for the speakers via email during the webcast. The presentation will be delivered in English with simultaneous interpretation in French. Questions are welcome in both official languages.

Please pass this information along.

- At least two other APASK members and I will be attending **the Evolution of Addictions Treatment Conference** in Los Angeles this coming weekend. I will try to forward some of the information to you all in upcoming Communiqués as I expect there will be multiple of new ideas and practices brought forward by the presenters who include Dr. Allen Berger, who presented to the APASK conference in 2013.

- A quick reminder of the **2015 APASK Spring Conference** has been booked for Saskatoon in May. Kudos to Conference committee co-chairs, Laurel Mackie and Ruth White. They have put together what we believe will be a great workshop on pain management and addiction, co-dependency and self-care with **Dr. Stephen Grinstead**. For full information on the presenter and registering for this workshop go to the APASK website at [www.apask.org](http://www.apask.org) Hit the conference tab in the menu bar across the top of the page. We also ask that you pass this information along to others you think might be interested. This will be a great opportunity to get some reasonably priced CEU's for those needing to re-certify.

- Another point of interest for some of you is what's happening with our sister organization in Alberta; now referred to as the **Addictions Professionals Association of Alberta (APAA)** has fashioned their organization and their affiliation with CACCF after what APASK has been doing. The first ever meeting of the provincial association's presidents was arranged by CACCF and held via teleconference on Jan 13 with national representation from Alberta, Nova Scotia, Ontario, Prince Edward Island, and Quebec. We were informed that there is also considerable activity in British Columbia though their president was not available for the meeting. Alberta has acknowledged the work that APASK has done and continues to use that work as a template for their process forward. The hope is to see each province and territory follow APASK's lead in the title Addictions Professionals Association of...whatever the province or territory is.

- As early notice of the **APASK Annual General Meeting**, it will be held March 28, 2015 in Saskatoon, starting at 1:30 p.m. You will be receiving a formal announcement later this month. As always we encourage members to come out and share their ideas, opinions and challenges with the Board of Directors. We look forward to hearing from you.

- **Membership renewals** have been coming in steadily. For those of you who haven't renewed, this is just a friendly reminder. If you have misplaced your forms or if we can be of assistance in the renewal process in any way, let us know and we will see what we can do to assist.

- Thanks to all the members for making things happen through contribution of your time and for your on-going dedication to making a difference for all of us through your membership. We know self-regulation of professionals is the way of the future, and we will continue to try to move these efforts forward for Addictions Professionals

Brenda Hearn, Acting Board Chair  
Chairperson, Membership Committee,  
APASK Board of Directors