



*Addictions Professionals Association
of Saskatchewan, Inc.*
www.apask.org
Members Communique

February 25, 2015

CONTENTS: Up Coming Events; Evolutions of Addictions Treatment (news from California); APASK Spring Conference.

- Just a reminder of the upcoming webinar presented for engaging youth in the discussion. Here is your invitation to attend and, as the invitation states, please pass it along to other parties you feel might be interested.

**In support of the National Anti-Drug Strategy
The Youth Justice and Strategic Initiatives Section of
the Department of Justice Canada**

invites you to attend a free webcast on
Inviting Youth Engagement: Classroom Discussion on Substance Use
Thursday, February 26, 2015
1:30 to 3:00 pm EST

***We encourage you to circulate this invitation to others who might be interested.**

Youth face pressures to use illicit drugs and substance abuse can pose a serious barrier to a young person's success. This webcast will highlight the work of two inspiring initiatives to prevent substance abuse among youth.

Barbara Moffat, MScN, is Project Director of the Vancouver-based TRACE Project at Simon Fraser University and Co-Executive Producer of CYCLES, an evidence-based educational resource on marijuana use. Ms. Moffat will introduce new resource materials that facilitate classroom discussion about decision making and marijuana use. A team of researchers at the University Of British Columbia School Of Nursing produced a short film, "CYCLES", based on earlier research projects and developed an accompanying facilitator's guide to support educators. This educational resource was pilot tested across Canada and emerging study findings will be presented. The CYCLES resource is now available line: (<http://www.carbc.ca/KnowledgeinPractice/HelpingSchools.aspx>).

APASK member Rand Teed, BA., B.Ed., ICPS and Drug Class have become nationally recognized leaders in the Drug and Alcohol Education and Prevention Field. Mr. Teed will present the Drug Class program, a weekly class that is run in several Regina high schools. Drug Class engages youth in prevention education sessions, informs youth of the effects of drug and alcohol abuse, and equips youth with resources to deal with substance abuse issues. Since its inception, the program has presented to over 50,000 youth, and over 200 students have self-referred to residential treatment/detox programs, and Mr. Teed continues to meet individually with approximately 50 students a week.

***Pre-registration is required – please register
here: <http://www1.webcastcanada.ca/stream/registration/jc2feb2015eng.php> to view this webcast***

Once registered, a URL will be sent to participants. Participants will have an opportunity to send questions for the speakers via email during the webcast. The presentation will be delivered in English with simultaneous interpretation in French. Questions are welcome in both official languages. Please pass this information along.

- Rand is also presenting a **Codependency Recover Retreat Feb 28, Mar 1 and 2**. St Michael's Retreat, Lumsden, SK Call 306-731-3316 for more information or to register. I know it is short notice but thought I would pass it along anyway in case you have clients who would benefit from attending.

- **The Evolution of Addictions Treatment Conference** in Los Angeles! Wow. 4 jam packed days of workshops, presentations, and trade shows. Of course we all know our American friends do things just a little bit different down there; they are very much in the “for-profit” treatment business and are bound to insurance and third party funders. As a result of that, they also have a focus that is on the newest and latest in what’s happening around the world in treatment. We brought home a number of ideas, pamphlets, books and some DVD’s from one of the presenters that I think we can make available to you for trial. This presenter’s name is Bob Tyler. I have watched his DVD’s and found them to be on the mark and of good quality. If you would like a trial set, let me know and I will put you in touch with Bob. Another item of interest is the webinars – distance learning opportunities offered by the Betty Ford Centre. Some of you may know that Betty Ford Centre and Hazeldon have now merged corporately and are stretching into more training opportunities.

- A quick reminder of the **2015 APASK Spring Conference** has been booked for Saskatoon in May. This year the Conference committee is bringing a world-class presenter on pain management and addiction, co-dependency and self-care with **Dr. Stephen Grinstead**. For full information on the presenter and registering for this workshop go to the APASK website at www.apask.org Hit the conference tab in the menu bar across the top of the page. We also ask that you pass this information along to others you think might be interested. This will be a great opportunity to get some reasonably priced CEU’s for those needing to re-certify. Discussions are now taking place to turn our annual conference into two annual training opportunities with a second opportunity being added for southern Saskatchewan in October. We would like some feedback from the members if there is interest in this added training. Again we want to provide more for the APASK members now and grow into the future.

- The Presidents of the Provincial Associations have committed to meeting once a month and hosted by CACCF, to glean information and ideas from each other with regards to moving each organization forward with government and being recognized as a self-regulating professional body. **Addictions Professionals Association of Alberta (APAA)** has received some provincial government funding to assist them in their efforts. The Presidents will be meeting again on Feb. 24 and begin reviewing the Bylaws of all the organizations to ensure they are all in alignment with each other.

- **APASK Annual General Meeting** it will be held March 28, 2015 in Saskatoon, starting at 1:30 p.m. You will be receiving a formal announcement shortly. We encourage members to come out and share their ideas, opinions and challenges with the Board of Directors. We look forward to hearing from you.

Brenda Hearn, Acting Board Chair
Chairperson, Membership Committee,
APASK Board of Directors